



Adjustable Foam Platform O'Live

The adjustable plyometric drawer is made of foam and provides a simple solution to have different heights in a single product.

Product description:

Depending on the side on which it is positioned, it allows three different heights; 50, 60 and 75 cm, depending on the athlete or selection of exercises to be performed. The platform is easy to move thanks to its light weight, and the best choice for beginners and advanced users to avoid common injuries in plyometric training.

Reference: EN52200.00
EAN13: 8436554048182
UPC: -
