

Sliders O'Live, Kit 10 Pairs

O'live Sliders are a versatile product that can be added to a stand-alone Slider session or incorporated into an existing class format.

Product description:

They provide a sliding training surface. Allowing you to work various muscle groups while activating the core muscles during the execution of the movement, Sliders transform exercises into smooth, fluid movements. Note: not suitable for rubber floors.

Reference: ST22103.00
EAN13: -
UPC: -