



Lifting Chains O'Live, 12 kg

Chains made of steel for bodylifting

Add resistance by gradually increasing the load during exercise.

Product description:

Using these chains favors the **increase of weight when more force can be exerted** while they do not interfere in the initial part of the stroke when less weight can be lifted.

Made of galvanized steel, they are **180 cm long** and **include clips for attachment to the Olympic bar**.

Sold in pairs.

Bracket and bar not included.

Reference: PL26801.00

EAN13: 8436554048267

UPC: -
