



Core Trainer multifunction grip O'Live Demo

The multifunctional Core Trainer Grip allows you to increase the number of exercises possible with the Core Trainer.

Product description:

It is suitable for performing Clean, Jerk, pull-ups and squats in a totally safe way. It incorporates rotating handles that provide a neutral wrist position, thus avoiding injuries and gaining in ergonomics. It is suitable for Olympic bars of 50 mm diameter.

Reference: PL22900DE.00

EAN13: -

UPC: -
