

Sliding Discs O'Live

Sliding discs: improves flexibility and strengthens the core. Ideal for toning and resistance, with low friction material suitable for almost any surface.

Product description:

Discs to perform sliding exercises for complete Core exercises, aerobic and toning work.

Manufactured using a low friction plastic material on the back **suitable for almost any surface.**

On its upper side incorporates a **non-slip surface thus increasing its effectiveness in any movement.**

- **Dimensions:** 17.8 cm in diameter

- **Material:** ABS and Foam

Reference: ST25700.00
EAN13: 8436554040575
UPC: -