



Squat Stands

Squat racks made of sturdy steel basic but complete for home use

The **bench press squat rack allows you to perform bodybuilding exercises, squats, deadlifts, cross training, strength training, with the Olympic weight bar discs.**

It allows a quick transition between exercises at different heights as the adjustment of the bar support is quicker and easier than telescopic systems. Moderate use.

Each support is independent and has safety bars in case of fall.

Product description:

Squat rack for home use with a strong and durable steel structure.

Its **base is wide for good stability** and allows bench press exercises.

It allows a quick transition between exercises at different heights since the bar support adjustment is faster and easier than telescopic systems. Moderate use.

Use: Home use

Dimensions: 63 x 51 x 127 cm each support

Weight: 37 kg

Color: Black and blue

Load capacity: 250 kg

Structure: 60 x 60 cm steel of 2 mm

Bar supports: 12 positions spaced every 5 cm
from a height of 62 cm up to 117 cm

Reference: PL31400.01
EAN13: 8436603750394
UPC: -