



Action: 30 mm

Sikloon O'Live, 30 mm

Sikloon is the functional element that allows the use of bars and discs, gaining in versatility. It has its own training program: Sikloon Training Pre-choreographed training program!

Product description:

A versatile product that will allow you to diversify and redesign your Power Disk sessions by introducing rotational exercises to the classic barbell and disc training. Its possibilities are so many that it allows you to dispense with traditional exercises and focus on new sessions with functional exercises to strengthen the core, agility, coordination and balance. The Sikloon takes advantage of the discs and bars commonly used in sports centers and gyms to develop its function. It is compact in size and takes up little space. Sikloon has a Sikloon Training exercise program

Reference: ST20001.00

EAN13: -

UPC: -
