



Cantilevered pull-up bar 1700 mm O'Live fitness

Train like a Pro with the Fly Bar

Transform your workout routine with our cantilever **pull-up bar**, the ideal complement to **conventional pull-ups and muscle-ups**. With an offset height design, this bar optimizes your technique and allows you to focus on developing strength and endurance. With a **25 cm offset center**, it facilitates smoother and more efficient movements, which is essential for reaching your fitness goals. With **dimensions of 139 x 27 x 17 cm**, it fits perfectly in any gym, whether at home or in a professional environment.

Product description:

Flexible and Adaptable Installation

The cantilever **pull-up bar** is designed for versatility in installation. Compatible with **80 x 80 mm or 160 x 80 mm** crossbars, you can bolt it in a variety of ways: on either side of the crossbar or underneath, allowing you to adjust the height to suit your preference. This feature makes it **ideal for users of different heights** and skill levels, ensuring that every member of the family or team can enjoy an effective and comfortable workout. **Optimize your workout space** with this adaptable and functional solution.

Quality and Safety in Every Workout

Made from **sturdy 32mm diameter tubing and epoxy** powder coated, our **cantilever pull-up bar** is not only durable, but also provides a firm and secure grip thanks to its textured surface. With a total width of 139 cm, it gives you the

ability **to install two bars on either side of the crossbar**, allowing you to train with a partner or perform a variety of exercises. Investing in this equipment means choosing an option that prioritizes your safety and efficiency in every training session.

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