



O'Live Sandbag, 30 kg

O'Live Sandbag – Functional Training Sandbag for Strength, HYROX and Physical Conditioning

O'Live Sandbag with 7 handles and sand filling. Ideal for functional training, HYROX, squats and lunges. Professional use. Sold individually.

Product description:

The **O'Live Sandbag** is a functional training tool designed to develop strength, power, stability and endurance through full-body movements and multi-joint exercises. Its versatile design makes it an essential accessory for commercial gyms, functional training boxes, sports centres and strength and conditioning facilities.

Especially suitable for disciplines such as **HYROX**, functional training and sports conditioning, it allows a wide range of exercises including **squats, lunges, cleans, carries, presses, rotational movements and core exercises**, helping develop functional strength and coordination.

It is made from **heavy-duty synthetic PVC**, designed to withstand intensive daily use, resist abrasion and allow easy cleaning. Its construction features **reinforced double-stitched nylon seams** for greater durability, even during high-intensity training.

The Sandbag features **7 TPR (thermoplastic rubber) handles** strategically positioned to provide multiple grip options and facilitate exercises from different positions. These handles offer a firm, comfortable grip for safer training.

The closure system features a **zipper protected by a hook-and-loop flap** to secure the contents and facilitate maintenance when required.

The weight is provided by **sand-filled inner polyester bags**, arranged according to the model to ensure balanced weight distribution and a stable feel during exercise.

It also features **high-visibility weight markings** for quick identification during individual workouts or at training stations.

Specifically designed for continuous use in professional facilities, the O'Live Sandbag is a robust, versatile solution for strength programmes, functional training and HYROX competitions.

Ideal for functional training and HYROX.
Made from heavy-duty synthetic PVC.
7 TPR handles for multiple grip options.
Reinforced double-stitched nylon seams.
Sand-filled inner polyester bags.
Secure zipper closure with hook-and-loop flap.
Sold individually.

Materials and technical specifications

- **Outer material:** Heavy-duty synthetic PVC.
- **Handles:** 7 TPR (thermoplastic rubber) handles.
- **Seams:** Reinforced double-stitched nylon.
- **Closure system:** Zipper with hook-and-loop flap.
- **Filling:** Sand-filled inner polyester bags.
- **Weight tolerance:** $\pm 3\%$.
- **Weight marking:** High-visibility printing.
- **Use:** Professional.

Available models Weight Dimensions Inner bags
10 kg Ø 22 × 54 cm 2 bags 20 kg Ø 26 × 60 cm 4 bags
30 kg Ø 30 × 62 cm 6 bags

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- **Sales unit: Sold individually.**

Advantages of synthetic PVC

The **synthetic PVC** used in the Sandbag offers significant advantages for professional use:

- High resistance to wear and abrasion.
- Easy to clean and disinfect.
- Excellent performance under intensive use.
- Long-lasting durability.
- Retains its appearance for longer.
- Resistant to moisture and sweat.

Benefits for your sports facility For facility managers

- Equipment designed for intensive use.
- Ideal for functional training and HYROX competitions.
- Easy to clean and maintain.
- Excellent durability thanks to high-quality materials.
- Expands your training offering without taking up much space.

For users

- Supports strength, power and stability exercises.
- Multiple grip options thanks to its 7 handles.
- Excellent control during dynamic movements.
- Balanced load for safer training.
- Ideal for improving muscular endurance and overall fitness.

Frequently asked questions (FAQs) What types of training is it recommended for?

Ideal for **functional training, HYROX, strength and conditioning, strength training and athletic conditioning.**

What are the benefits of the 7 handles?

The **7 TPR handles** allow a wide variety of exercises and grip positions, making training more versatile.

How is the Sandbag weighted?

The weight is distributed through **sand-filled inner polyester bags**, providing a balanced load and excellent stability during use.

Is it suitable for professional use?

Yes. It is made from **heavy-duty synthetic PVC**, reinforced seams and materials designed to withstand intensive use in commercial gyms.

Is it easy to clean?

Yes. Its PVC surface can be cleaned quickly using neutral cleaning products commonly used in sports facilities.

How is it sold?

Sold individually.

Advantages for your sports facility

- An essential tool for functional training and HYROX.
 - Professional-grade construction designed for intensive use.
 - Highly durable materials that are easy to maintain.
 - Seven ergonomic handles for more training possibilities.
 - Balanced load for improved user safety and performance.
 - Ideal for gyms, functional training boxes, sports centres, high-performance facilities and personal training studios.
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Weight: 30 kg

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