

O'Live EVOQ Pump Weight Plate Set, 18 kg

EVOQ Pump Weight Plates with Handles and TPE Coating

18 kg EVOQ Pump weight plate set for strength training, functional workouts and group fitness. Includes 2 × 1.5 kg, 2 × 2.5 kg and 2 × 5 kg plates with ergonomic handles and an odourless TPE coating.

Product description:

The **EVOQ Pump Weight Plate Set** is a versatile solution for fitness facilities looking to combine barbell training with a wide range of **free-weight exercises using the plates themselves as resistance**.

The set contains **6 weight plates with a total weight of 18 kg**: two 1.5 kg plates, two 2.5 kg plates and two 5 kg plates. This selection allows users to choose different loads and progress according to the exercise and their training level.

The plates feature a **TPE coating**, a material well suited to fitness equipment thanks to its wear resistance and soft yet firm feel. It is also **completely odourless**, avoiding the characteristic smell associated with some rubber weight plates.

One of the key design features is the system of **three grip areas**. The balanced central handle allows the plate to be used in a similar way to a dumbbell, while the **two outer handles** make exercises with one or both hands easier. This design extends the training possibilities beyond conventional barbell use.

The handle has a **diameter of 30** providing a comfortable surface that is easy to hold during dynamic exercises and movements performed directly with the plate.

The plates can be used with a **standard bar and locking collars** or with a **self-locking bar without separate collars**, increasing the versatility of the set within the training area.

With different weights, multiple grip options and a TPE coating, the EVOQ Pump Weight Plate Set is particularly suitable for **strength training, group fitness classes and functional training** in gyms, sports centres and training studios.

Complete set of **6 weight plates with a total weight of 18 kg**.
Includes **2 × 1.5 kg, 2 × 2.5 kg and 2 × 5 kg**.
Coated in **wear-resistant TPE**.
Completely odourless material.
Soft yet firm feel for a secure grip.
Balanced central handle for using the plate like a dumbbell.
Two outer handles for exercises with one or both hands.
30 mm grip diameter.
Compatible with a standard bar and locking collars.
Compatible with a self-locking bar without separate collars.
Sold as a set.

Materials and technical specifications

- **Product:** EVOQ Pump Weight Plate Set.
- **Reference:** ST26200.01.
- **Composition:** 6 weight plates.
- **Contents:** 2 × 1.5 kg + 2 × 2.5 kg + 2 × 5 kg.
- **Total set weight:** 18 kg.
- **Coating:** TPE.
- **Grip diameter:** 30 mm.
- **Handle system:** One central handle and two outer handles.

- **1.5 kg plate:** 18 × 18 × 4 cm.
- **2.5 kg plate:** 20 × 20 × 4 cm.
- **5 kg plate:** 23 × 23 × 4 cm.
- **Compatibility:** Standard bar with locking collars and self-locking bar without separate collars.
- **Recommended use:** Strength training, weight plate exercises, functional training and group fitness classes.
- **Sales unit: Sold as a set.**

Benefits of the TPE coating

The **TPE** offers useful properties for weight plates used frequently in fitness facilities:

- Greater wear resistance for a longer service life.
- Material that is **completely odourless**, avoiding unpleasant smells in the training area.
- Soft yet firm feel for a comfortable hold.
- A surface suited to holding the weight plates directly during exercises.
- Combines exterior protection with grip comfort.

Ergonomic design and grip options

These grip weight plates can be used as barbell loads or on their own. The **balanced central handle** allows a dumbbell-style hold, opening up more options for unilateral training.

The **two outer handles** allow the plate to be held with one or both hands for different positions and movements. This turns each plate into a versatile functional training tool and expands the exercise range without additional equipment.

The grip diameter of **30 mm** makes the plates easy to hold during exercises and provides a consistent grip across the different weights in the set.

Benefits for your fitness facility For facility managers

- A single set provides **three different load levels**.
- Each weight plate can be used on a bar or as a standalone training tool.
- Expands training possibilities without requiring additional accessories.
- Wear-resistant TPE coating for frequent use.
- Odourless material, particularly useful in indoor training spaces.
- Suitable for strength areas, functional training and group fitness classes.
- Multiple handles allow a wider range of exercises with the same equipment.

For users

- Train with loads of **1.5, 2.5 and 5 kg**.
- Central handle for using the weight plate in a similar way to a dumbbell.
- Two outer handles for working with one or both hands.
- Soft yet firm feel for greater grip comfort.
- Different grip options to adapt the plate to each exercise.
- Use the weight plates with a barbell or independently.

Frequently asked questions (FAQs) What is included in the EVOQ Pump Weight Plate Set?

The set includes a total of **6 weight plates**: two 1.5 kg plates, two 2.5 kg plates and two 5 kg plates.

What is the total weight of the set?

The set has a **total weight of 18 kg**.

What coating do the weight plates have?

The plates have a **TPE coating**, selected for its

wear resistance, feel and lack of odour.

Does the TPE coating smell?

According to the product specifications, the coating is **completely odourless**, avoiding the characteristic smell associated with some rubber plates.

Can the weight plates be used without a bar?

Yes. The plates are designed for versatile use. They feature **one central handle and two outer handles**, allowing exercises to be performed directly with the plates.

Why is the central handle balanced?

The central handle is designed so that the plate can be **used in a similar way to a dumbbell**, making a range of one-handed exercises easier.

What is the diameter of the grip areas?

The **grip diameter is 30 mm**.

Are the plates compatible with bars?

Yes. They can be used with a **standard bar secured with locking collars** or a **self-locking bar without separate collars**.

What are the dimensions of each plate?

The **1.5 kg plate measures 18 × 18 × 4 cm**, the **2.5 kg plate measures 20 × 20 × 4 cm** and the **5 kg plate measures 23 × 23 × 4 cm**.

How is the product sold?

Sold as a complete set of 6 weight plates, with a total weight of 18 kg.

Advantages for your training space

- Complete set of **18 kg across 6 weight plates**.
- Three loads: **1.5 kg, 2.5 kg and 5 kg**, with two plates of each weight.
- Coating made of **durable, odourless TPE with a pleasant feel**.
- Three grip options on each plate: one central handle and two outer handles.
- Use the plates as barbell loads or as independent free weights.
- Compatible with a standard bar and collars or a self-locking bar without separate collars.
- Versatile design for **strength training, functional exercises and group fitness classes**.
- A versatile solution for gyms, sports centres and training studios looking to **maximise exercise options with a single weight plate set**.

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